



June 2019

## The Army Cadet League Annual General Meeting 2019



### A Huge Success!

The Army Cadet League Annual General Meeting and Training Seminar held at the Delta Toronto East April 12 to 13, 2019, was a huge success! Approximately 235 were in attendance including League volunteers, CIC Officers and Regional Cadet Support Staff members. For the fourth year in a row a morning plenary workshop session “Resolving Conundrums at the Corps” was conducted consisting of 4 scenarios played on a large screen. Then attendees were broken into smaller groups to resolve the scenarios. A special thanks to Maj. Paul Preikschas for video taping the scenarios.

In the afternoon the training continued with four excellent facilitators. Charlene Orrell, Board Member and 2<sup>nd</sup> VP, presented a workshop on the role and responsibilities of Support Committees including how to handle financials. LCol Doré, Commanding Officer for RCSU (Central) and CWO Godbout discussed the successes of the past year and the challenges that remain ahead. Capt. Nicole McKay, Public Affairs Officer, RCSU (Central) & Capt. Ashley Austin, Commanding Officer #329 New Tecumseth, spoke about how to recruit and retain Cadets. Jim McGhie, League Zone Liaison Officer, presented tips on how to be an effective League Liaison Officer.

On the Saturday evening, the members enjoyed a banquet with Belinda Wilson as the guest speaker. Belinda, a long-time member of the Royal Canadian Legion gave a slide presentation on her 2013 Legion Pilgrimage of Remembrance, a 15-day tour through northern France and Belgium, exploring WWI and WWII Canadian battlefields, military cemeteries and memorials entitled “In the Footsteps of Heroes.” It was a very moving presentation. Since Belinda was a songwriter and musician, we took advantage of her talents to sing and play us a few songs, some of which she wrote herself. Belinda was presented with a silver coin representing the 75th Anniversary of D-Day.



Awards were presented to Jim McGhie and Rick Cunningham for “League Member of the Year” Two Corps received awards for “Top Support Committee of the Year,” #1849 Orangeville for large Corps and #329 New Tecumseth for small Corps. Joe Langlois was presented with the Governor General’s Sovereign medal for volunteers and Surjit Basarke who was retiring from the Board was honoured for his many years of service with the Army Cadet League.

The night concluded with an after party in the Hospitality Suite.

### SPECIAL POINTS OF INTEREST:

- Annual General Meeting, 2019
- Corps Activities
- Donations
- Contact Us!

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Jim Abbott receiving his 30 year Volunteer Service Medal.



CIC Officers attending the Saturday Night Banquet .



Henry White helping to resolve the Corps Conundrums in the break out room.



Top Small Support Committee Award presented to #329 Tecumseth. R-L are Cathy Bach, President of ACL National; Susan Jalbert; Cam Stocco; Dana Stocco; Crystal Crosbie and League President Harry McCabe.



Gillian Federico and Bill Adcock accepting the Top Large Support Committee Award for #1849 Orangeville. Cathy Bach, to Gillian's right; and League President Harry McCabe to Bill's left.



We were proud to present LCol (Ret'd) Surjit Basarke CD with a Plaque and Service Medal pin, in recognition of his outstanding dedication and service to the Army Cadet League of Ontario from 2001-2019.



Richard Cunningham receiving Member of The Year Award. To his left is League President Harry McCabe and on his right, Cathy Bach, President of ACL National.



LCol (Ret'd) Jim McGhie also presented with League Member of The Year Award. To his right are: Cathy Bach, President of ACL National and CO #2715, Capt. John Demitroff. To his right are #2715 Supp. Comm. Chair, Jay Wigle and League President, Harry McCabe.



Joe Langlois was presented with a Governor General's Sovereign Medal for Volunteers. To his right are League President, Harry McCabe and his left; LCol. Doré.



Capt. Arleen Miller winning the Toronto Maple Leafs Goalie Stick, one of the many raffle prizes at this year's AGM.



Charlene Orrell, Marilyn Walkom, Jim Abbott and Len Whines attending morning business meeting.

AGM Photos taken by Joanna Menoudakis and Larry MacDonald

## Special Recognition to a Long Time Volunteer



**MWO C.P. Solomons; League President Harry McCabe; Jennifer Lawrence and LCol. Tom McNeil**

On May 23<sup>rd</sup>, Harry McCabe, President of the Army Cadet League presented Jennifer Lawrence with a commemorative clock to thank her for her many years of service to the Army Cadet League. The inscription on the clock read.... “You have changed the lives of so many making your Community a better place. Thank you, for years of dedicated and unselfish support.”

Jennifer started helping out at the Cadet Corps when her sons Ryan and Adam Lawrence joined the Army Cadet Program 25 years ago. Both her sons are now CIC Officers. Capt. Ryan Lawrence is a Band Training Officer at Regional Cadet Support Unit (Central) and Capt. Adam Lawrence is a Zone Training Officer with Central Ontario area. Also Jennifer’s daughters-in-law, Capt. Heather Lawrence, married to Adam and Lt(N) Amy Lawrence, married to Ryan, are CIC Officers as well.

Jennifer assisted with #75 Toronto Scottish Army Cadet Corps as treasurer and Chair of the Support Committee. When she and her husband David moved to Wasaga Beach, Jennifer became a League Liaison Officer for 1944 Creemore, 2919 Barrie and 2408 Borden Cadet Corps. Jennifer will be dearly missed.



**League President Harry McCabe; Jennifer Lawrence and her sons Capt. Ryan Lawrence and Capt. Adam Lawrence.**

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## Local Army Cadet Corps Awarded Top Three Finishes at Competitions –2310 Sault Ste. Marie



PIPING  
AND  
SHOOTING  
AND  
DANCING  
OH MY!

The 2310 Royal Canadian Army Cadet Corps from Sault Ste. Marie competed in two different events recently resulting in medals and top awards for several Cadets and teams.

The weekend of May 25th-26th, the 155 Air & 2310 Army Combined Pipes & Drums Band competed in the Regional Band Competition at the Canadian Forces Base Borden just outside of Barrie. The dedication and months of hard work paid off resulting in a second place finish. They were just 2 points away from securing gold. We are also thrilled that three of the pipers, Ethan Bowman, Sean Newman, and Tyler Duncan were selected to participate in the Royal Nova Scotia International Tattoo which is a week-long event held every year in Nova Scotia. This is a great opportunity for these young pipers!

Results were also received for the DCRA Postal Shoot. The Dominion of Canada Rifle Association winter postal program is a national postal competition in which the Cadets compete against other Cadet Corps from all across Canada.

In the 1.3 team prone match we had 2 teams compete and had a third place finish with a score of 1506 out of 1600. MCpl Elyce Bowman led the team as the top shot. The team consisted of CWO Cassandra Breckenridge, MWO Gracie Assiginack, MWO Simon Beckett, MCpl Elyce Bowman, and WO Ethan Bowman. The Cadets also competed in the 1.8 Match Youth of the Commonwealth. The top 8 competitors combine for a team score which is ranked against the cadets from across Canada. The top 3 teams then advance to phase 2 where they competed against teams of 8 from across the commonwealth. The team from 2310 also finished 3rd in phase 1 and also finished 3rd in phase 2.

Lastly, the Cadets participated in Match 1.9 which is individual Standing position. We had 4 competitors participate in this competition. MCpl Elyce Bowman achieved the Gold Medal for her results and MWO Simon Beckett achieved the Silver Medal for his score. These results were also against Cadets nationally.

The Cadets devoted themselves to a strong marksmanship program with dedicated practices twice a week for 3 hours. The hard work and dedication of the Cadets has really paid off. Coach Capt. Marc Cyr has been coaching marksmanship in the cadet program for the last 6 years and has never had a team achieve so many medals and top 3 finishes as a coach.

He says, "The team gels along really well together, and really helps supports each other to become better competitors. Some marksmen have been doing marksmanship for many years and they are always quick to share their knowledge with the more junior cadets."

As the end of the training year approaches, we congratulate all the Cadets for their hard work, commitment and perseverance. We are very proud of you all!



Article and photos  
Submitted By: Anita Beckett

## Cadets Celebrate 60 Years in Operation!

**Petawawa, Ontario, May 2019** – 2642 3 RCR Royal Canadian Army Cadet Corps (RCACC) commemorates 60 years in operation in CFB Petawawa this June 2019.

Cadets will mark the special occasion and showcase their skills and accomplishments during their 60<sup>th</sup> Annual Ceremonial Review (ACR). The ceremony has always been an opportunity to recognize their accomplishments but this year's ACR will also include a Change of Command parade in honour of outgoing Commanding Officer (CO), Capt Destiny Genoe.

Over the course of four years, 2642 3 RCR RCACC has grown exponentially and not just in numbers. Its success can be attributed to Capt. Genoe's abilities and dedication to the Program. Capt Genoe continued to distinguish and strengthen the Army Cadet Training program, garnering Staff and volunteers with the same mentality to offer and facilitate high-level Army Cadet training opportunities to local youth in the Petawawa region.

She also built a strong rapport with Cadets, encouraging them to accomplish more outside of their scheduled regular Tuesday evening training sessions. Cadets have partaken in extra-curricular activities like competitive marksmanship, biathlon, orienteering and drill and field trips. They have gone on to experience Regional, National and International expeditions as well as Summer Camp Opportunities from General Training to the Canadian Forces Basic Parachutist Course.

Capt. Genoe was herself a former Army Cadet in the Cadet Training Program, even having competed in Biathlon at the Provincial/National level and experiencing an International Exchange abroad. She then instilled the same skills, qualities, and values in her Cadets as the CO of her own Army Cadet Corps.

Cadets have developed strong attributes in leadership, organization, work-ethic and deportment, decorum, and citizenship. They have been highly active and engaged in their community, assisting with Poppy Sales and Veterans' Dinners at the Royal Canadian Legion Branch 517, marching in Parades, conducting garbage clean-up along the local train tracks and volunteering and running the Git'er Done Mud Run hosted by the Canadian Cancer Society.

More so, they have participated in fundraising efforts and brought awareness to the Army Cadet Movement across the local region. It is through their hard work, dedication and determination they were able to experience extra-curricular trips to Toronto, Kingston and Wilderness Tours.

In particular, this past March, 35 Cadets along with staff from 2642 3 RCR RCACC visited New York City during their March Break Trip.



Over the course of five days, Cadets experienced recreational, cultural and historical highlights with visits to the Intrepid Sea, Air, and Space Museum, the American Museum of Natural History, Times Square, Central Park, and Aladdin the Musical. Cadets also applied their orienteering skills to lead and navigate groups across the city, walking and taking the subway each day to designated locations and even to restaurants. Cadets from 2642 3 RCR RCACC were also able to see first-hand the significance of the historical and cultural impacts of 9/11 at Ground Zero on New York City, Canada, and the world. They would return home with a new appreciation and understanding of what It means to represent Canada and to be Canadian.

## Cadets Celebrate 60 Years in Operation cont'd.....

Cadets, staff and volunteers began their fundraising efforts in the fall of 2018 with the Corps raising over \$40,000. Each Cadet had to meet specific requirements, including partaking in skills, training exercises and fundraising initiatives like chocolate bar and pepperette sales, tag days and the 12-Hour Fitness Challenge. The Sponsorship Support Committee raised additional monetary funds through community fundraising events - a paint sign night, a mini-photo session, a trivia night and a bingo night. The trip would also not have been possible without the recognition, support and financial backing of local businesses and members of the Petawawa community.



Army Cadets participate in citizenship activities that allow them to connect to their Canadian heritage, become proud citizens and make positive contributions to Canada's future. Each year Cadets from 2642 3 RCR RCACC partake in Citizenship Training opportunities like a visit to the War Museum, Parliament Hill and the Diefenbunker Museum in Ottawa, stimulating interest and further understanding in Canadian history, culture and politics.

This year's trip abroad allowed Cadets, between the ages of 12 and 18, to return with new insights, ideas and perspectives that can be shared at home. These young adults also gained self-confidence, learned new life-skills and responsibilities and made life-long friendships and memories.

This invaluable extra-curricular trip is one they may not normally have experienced otherwise without Capt. Genoe's high-level of involvement, awareness and understanding of the Army Cadet Training Program as well as the support and dedication from Staff and volunteers.

It is the activities and unique opportunities through the Cadet Training Program that allow our local Petawawa youth to develop attributes of citizenship; ones that can leave a positive life-long impact on their lives through a set of positive youth outcomes.

Capt Genoe should be proud of her accomplishments and the legacy she will leave behind. Capt Dylan Longpré will take over as the new CO of 2642 3 RCR RCACC at the 60<sup>th</sup> Annual Ceremonial Review and Change of Command Parade Ceremony on Sunday, June 2.

**Article and photos submitted by:**

**Michelle Charest**  
**Public Relations Officer**  
**SSC**

## Cadets Recognized With Strathcona Award



CO Dan Collings, ZTO France Lachapelle and Cadet WO Reus.



Cadet WO Bull; Cadet WO Reus and Director of the Army Cadet League, Rick Brown.

### **Courtesy of Haliburton County Echo**

**Written By: Darren Lum**

**(Published Feb. 12, 2019)**

Winning the Lord Strathcona Trophy confirms great things are happening with The Hastings and Prince Edward Regiment 1129 Royal Canadian Army Cadet Corps – Haliburton.

Named after Lord Strathcona, a Scottish-born Canadian philanthropist, the award honours the best small corps of 2018 for being “the most efficient in its class and perpetuates the solicitude of the donor for patriotism, fitness and discipline in young Canadians.”

Commanding officer Dan Collings was proud of the Haliburton Cadet Corps and said this recognition reaffirms the program is fulfilling its ideals.

“This is particularly important to us lately as it reflects the amount of effort and programming occurring at the Haliburton Army Cadets. The award is determined by the amount of activities both in Haliburton and away that the cadets attend and on our regular attendance. We have been trying quite hard the last two years and we are now providing pipes and drums training, biathlon, marksmanship skills, mountain biking, and orienteering programs right here in Haliburton,” he said in a prepared statement.

The Cadet program is a national program for Canadian boys and girls aged 12 to 18.

It includes the Royal Canadian Sea Cadets, the Royal Canadian Army Cadets and the Royal Canadian Air Cadets. Cadets are not members of the Canadian Armed Forces and have no obligation to join.

“Cadets are encouraged to become active, responsible members of their communities. They make valuable contributions to Canadian society on a daily basis in terms of environmental, citizenship and community activities,” the Cadets website reads.

The local club has 15 Cadets from 12 to 16, who come from all around the Highlands.

They are provided a diverse range of opportunities including the expected marching, marksmanship and adventure experiences, playing instruments, mountain biking, trail running, snowshoeing and biathlon (Nordic skiing and range shooting).

The Legion in Haliburton where the Cadets meet is close to venues for biking and Nordic skiing.

Besides the obvious physical benefits, these activities provide opportunities to develop focus, test personal levels of mental fortitude, and improve self-esteem.

Collings was proud to see representatives from sponsors and supporters from the Minden and District Lions Club, and the Legions of Minden, Haliburton, Wilberforce and Cardiff during the trophy presentation.

The award is also a credit to the Zone Training Officer Captain France Lachapelle, who provides support and understands the challenges that face Cadet Corps in rural areas, the partnerships with the Haliburton Highlands Nordic Ski Club, the Haliburton Mountain Bike Club, and volunteers, who are part of the Army Cadet League.

The Cadets’ program in Haliburton County continues to grow, as canoeing and rock climbing are expected to be added in the future.

Collings said the Corps’ score was very strong relative to the others and was in the “90 percentile.”

“We are extremely pleased to be recognized for the hard work and dedication of the Cadets and Staff in Haliburton,” he said.

## 2250 The Muskoka Pioneers RCACC celebrates 25<sup>th</sup> Anniversary in 2019!

It's been a whirlwind training year as we prepare for our 25<sup>th</sup> Annual Ceremonial Review and milestone anniversary celebration being held June 1<sup>st</sup>, 2019 at the Bracebridge Fairgrounds. This year has seen us send Cadets to the Provincial Orienteering Competition as well as both the Provincial & National Biathlon Competitions. A first for this unit!



Cadets from around Muskoka have had a very successful year despite the recent local flooding situation. It was “all hands-on deck” in early May as we spent a night filling sandbags to help our neighbours. Over 3,000 sandbags and 7 dump truck loads of sand! Our cadets really understand what it means to support the communities that they live in!



We are looking forward to sharing our 25<sup>th</sup> Anniversary celebrations with past and present officers, staff, volunteers and of course all the Cadets, those young and not so young! For more information, contact us at 705-646-2025

**Article and photos submitted by:  
Lisa Vivian 2250 RCACC SSC**

## Warriors' Day Parade

The Warriors' Day Parade Council will be hosting this year's 98th Annual Warriors' Day Parade at the CNE on Saturday 17<sup>th</sup> August 2019.

Cadet participation is requested to carry the marching unit identification signs on the right flank of each participating marching unit and assist otherwise as required.

Cadets are required to wear summer uniform and report directly to the Cadet/Scout Registration Desk in Gore Park no later than 0930. Gore Park is the small triangular park located immediately east of the Princes' Gate, north of Lakeshore Blvd and immediately south of Fort York Armouries.

Upon completion of the Parade, participating Cadets will receive a stipend of ten dollars (\$10).

Queries regarding this Parade may be directed to Lt (N) Ret'd Wayne Closs ([whcloss@sympatico.ca](mailto:whcloss@sympatico.ca)) / (416) 453-2696 Cellular).



## 2332 Major Holland VC RCACC Ottawa Spring Field Training Exercise

On the weekend of April 26-28, the Cadets from 2332 Major Holland VC Royal Canadian Army Cadet Corps had a great learning experience at their Spring Field Training Exercise (FTX). Despite the cold and rainy weather, the cadets participated in multiple team building exercises which were not only fun but also kept everyone warm. On Saturday, they learned about survival, navigation, face painting, radio protocol, leave no trace practices, environmental injuries, stoves/lanterns and hydration toasts. These classes were not regular classes because the instructors taught in the outdoors while using examples, activities and demonstrations. The Cadets described the activities as a “fun hands on experience”.

During every FTX, our main goal is safety, warmth, and hydration. When it came to the hydration toasts, the instructors constructed a scenario to inform the cadets about the importance of having a water bottle. When realizing that the team leader’s water bottle had mysteriously gone missing, the team leader laid down on a stretcher. The cadets had to carry their team leader on the stretcher while retrieving the water bottle and back. This is only one of the activities in which the cadets learned a valuable lesson. We can guarantee that the cadets will never forget their water bottles and will continually make hydration toasts. Towards the end of the day, the cadets participated in a Master Chef activity. They needed to create a delicious meal using a goody box of MRE’s at which was presented in front of a panel of judges.

The FTX came to an end at the CFB Petawawa Museum, where the Cadets were given a private tour. They were given the opportunity of observing different artifacts in the museum, of which they did with a smile on their faces. This FTX was truly one to remember, from applying face paint on their team leaders to visiting a museum of history, the cadets learned multiple skills throughout activities.

**Submitted by: MWO Milagross Chahwan**

## FIRE!!! At #748 Markham RCACC

Alex Freeman, Fire Prevention Public Education Officer for Markham Fire & Emergency Services taught the use and types of fire extinguishers to 748 G.G.H.G. Army Cadets in Markham.

Sgt. Mallon demonstrates his newly learned skills as fellow Cadets look on. He successfully extinguishes a fire using the department’s portable practice fire equipment.



**Submitted by Capt. R. Carlsen**



# We Welcome Your Help...



In order to continue; as well as improve our support of the Army Cadet program and activities, the Ontario Branch of the Army Cadet League needs your help! If you are able to help us monetarily, please make a Donation to the Army Cadet League in Ontario. All donations of \$10.00 or more will receive a charitable tax receipt for income tax purposes.



**Please make your cheques payable to:**  
Army Cadet League of Canada (Ontario)

**Cheques may be mailed to:**  
Army Cadet League of Canada (Ontario)  
Attn: Clover Pereira  
1200 Markham Rd.,  
Suite 527  
Toronto, ON M1H 3C3



# We would like to hear from you...

If you would like to see your story in our next newsletter,

**Do not hesitate!**

Please submit your articles and photos to:

[acladmin@bellnet.ca](mailto:acladmin@bellnet.ca)

Be sure to mention "Newsletter" in the subject line!



Stay informed!

Please visit our website at:

[www.armycadetleague.on.ca](http://www.armycadetleague.on.ca)



## You Are Invited To

**League & Sponsor Appreciation Day  
at Blackdown Cadet Training Centre**

**Saturday, 27 July, 2019**

**Start Time 0830 - 0845 hrs (guests to be seated by 0845hrs)**

**Parade at 0900 hrs**

**1030 hrs – Break, Dining Hall**

**1100 hrs - CO/CI Address by CO and powerpoint overview of Blackdown CTC,  
Band Building**

**1200 hrs - Lunch with the Cadets in the Dining Hall**

**1300 hrs – Bus Tour of the Camp**

**1430 to 1530 hrs - Meet and Greet in Officers Mess - Cash Bar**

**1600 hrs - Guests depart Training Center**

*First come, First Serve Basis, so please respond well in advance to ensure a seat*

**RSVP to**

**[armyleag@bellnet.ca](mailto:armyleag@bellnet.ca)**

**1800-561-4786 or (416) 431-2792**

**No Later Than 19 July 2019**

*The League & Sponsor Appreciation Day is an opportunity for the Sponsors and League members to receive recognition for the outstanding support that they provide to the Cadet Corps in Ontario. Also, this event is to reinforce existing sponsor support and to help generate new sponsor support for the Cadet Program at the community level!*



## The Army Cadet League Of Canada (ON)

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E-mail: [armyleag@bellnet.ca](mailto:armyleag@bellnet.ca)

## Blackdown Cadet Training Centre

### *Sunset Ceremony*

Friday, August 9, 2019

Guests to be seated by 1745 hrs for 1800 hrs

The ceremonial parade is the culmination of the Cadets training and showcasing their newly acquired skills in a spectacular display of pageantry. Extra travel time should be allowed due to the anticipated traffic volume.

*There will be a reception at Officer's Mess and NCM Mess following Sunset Ceremony.*

To Register for any of the above  
Please RSVP to the League Office  
No later than August 2, 2019 (limited seating)  
(416) 431-2792 or 1-800-561-4786  
Or e-mail: [armyleag@bellnet.ca](mailto:armyleag@bellnet.ca)



### *Graduation Parade*

Friday August 16, 2019

Guests to be seated by 0945 hrs for 1000 hrs  
*Musical Displays commence 1030 hrs*



### *Army Cadet Parachutist Grad Parade*

Friday July 26th, 2019

Trenton Cadet Training Centre at 1900 hrs

### *Connaught Final Graduation*

Friday August 16th, 2019

Trenton Cadet Training Centre at 0900 hrs



The League appreciates all our volunteers for their dedication, time and support to our Cadets!

#### Reminder

For speedy processing, please submit all four volunteer screening documents directly to:

**The Army Cadet League (ON)**  
1200 Markham Road,  
Suite 527  
Toronto, ON M1H 3C3

**Thanks  
to Our  
Volunteers!**

*Hope You Have  
A Great  
Summer!*

