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Chief of Defence Commendation for Charlene Orrell



Col Brown Deputy Commander CJCR presenting the Chief of Defence commendation to Charlene Orrell, (1st VP)

The Ontario Branch of the Army Cadet League of Canada is pleased to announce that Charlene Orrell received the Chief of Defence Staff (CDS) Commendation at the National Army Cadet League Annual General Meeting held in Moncton NB on April 30, 2022.

Charlene has been a valued member of the Army Cadet League since joining in September 2009. Her accomplishments after joining the League have been outstanding and an example to others of what can be accomplished with a positive attitude and determination to get the job done.

Initially, she served as the Chairperson for the Support Committees for two Cadet Corps, 2672 Peterborough and 2817 Lindsay and then later also assumed that role for 88 Coburg Ontario as well.

In 2018 she was elected to the Ontario Branch Board of Directors and, shortly after that joined the Executive Committee as 2nd Vice President. In 2021 she was elected to 1st Vice President and also volunteered to assume the role of Liaison Officer for 7 Cadet Corps.

Charlene presented a new initiative to the 3 Provincial Leagues designed to create a positive awareness of the Cadet program and experience to the general public of Ontario and, hopefully, eventually to Canadians at large.

Her idea was for Ontario to formally create a “Cadet Day” where the Province will recognize the Cadet movement and all it does for the youth of Ontario and Canada.

Working with the Ontario League President, Rick Brown and 2nd Vice President, Bill Adcock, they arranged for MPP Toby Barrett to create a “Members Bill”. The Bill has been passed and received “Royal Assent” from the Lt Governor of Ontario. This is one of the most significant and outstanding accomplishments for the Cadet Program in Ontario in recent years.

Chief Gilles Godbout Retires



Above is a photo of Rick Brown, President and CWO / Adjuc J.E.A.G Godbout, MMM, at his retirement dinner

I want to take this last opportunity to convey to all of you (and your teams) my deepest appreciation for your contribution to the CCO and to our Ontario Team.

During my luncheon, I had a few words that I conveyed to the assembled group, about how I see the Leagues' contribution to our greater Team.

I compared you to the Honorary Colonels to the CAF, you have connections in every spheres of our communities and are helping us to connect with people we do not even know can greatly help our organization. By this we are getting exposure and also get recognition from the greater Canadian society.

Your members are civilians and ex CAF members and many are still there after extensive years in the program (some having aged out of the Uniform); still contributing to this great organization. Most Canadians do not totally understand what this program does for our nation.

I have said it often and truly believe that for our program to be successful, that we must all collaborate and communicate with a united voice and all of you in Ontario have helped us ensure we collaborate with united voice. For this, we must have frank discussion and be open to listen to each other which we have done very well during my 6 years with you and the program

I will keep an eye on the program from my future new life chapter with Sharon.

Merci beaucoup du fond de mon cœur, pour votre soutien continue et important.

Gilles (the Chief).

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3018 Orleans Army Cadets - Part of the Orleans Community for 35 Years

September 8, 2022 marks the 35-year anniversary of the 3018 Orleans Army Cadets.

Every Wednesday night during the training year, the 3018 welcomes its cadets for their regular training activities as well as its officers, civilian instructors, and parent volunteers. In that time, the Corps has grown in size and has rooted itself strongly in the Orléans community. From taking part in local parades, tree planting, participating in community clean-ups, helping the Orleans Legion with the poppy fund and various volunteer activities, and representing their unit at their high school ceremonies, - the 3018 is a source of great pride in our community.

The sense of belonging to a community is a very important part of youth development. Having that sense of security and support fosters growth and overall wellbeing – and we have seen the importance of this especially during the Covid pandemic. The Cadet Program promotes that sense of belonging. Our Cadets meet and make new friends from different communities that are not bound by race, or religion. The 3018 Army Cadet Corps – as well as many others in the Cadet family, are reflective of Canada's multicultural landscape. And this community has grown and evolved in the past 35 years.

The 3018 has the privilege of training at the Leonforte Armoury which is provided for us by the 33 Combat Engineer Regiment. As well, we are just across the street from the Royal Canadian Legion Orléans Branch 632 who generously sponsor us and keep an active interest in all our activities. These are strong valuable bonds that our cadets can be proud of as well. Below are pictures from this year's modified ACR and a few activities that have taken place.



Top Small Support Committee of the Year



From left to right is Ken Brady, Kevin Smit, Kerry Mellor, Ana Melo, Terry Mellor and Capt. Matt Tremblay. Absent - Cheryl Braye

The Army Cadet League is pleased to announce that 1626 Beamsville Support Committee was selected as the top Small Support Committee for 2022. The Support Committee members have worked tirelessly to transform a cadet corps on the edge of disbandment and was able to gain members even through the Covid-19 pandemic and secured not only a new home base but also enough mountain bikes and travel trailer for the corps to take all of the cadets out onto the trails. They dedicated much of their free time to running recruitment campaigns and to finding the perfect place to be a stable home for their cadets to parade.

National League Member of The Year - 2021



Michel Dupuis - 2804 Casselman, was selected as National League Member of the Year for outstanding leadership, dedication and support to the local Army Cadet Corps.

In photo above Mr. Dupuis (orange vest) was presented the National League Member of The Year Award during a Support Committee fundraising event in support of 2804 - a motorcycle dice run that he helped start. Presentation was made by Mr. Rick Brown, President of the Ontario Branch. Rob Gill, Executive Director for the Army Cadet League of Canada was also in attendance.

Michel was a local business owner (he is retired now) who not only provided funds, but resources, expertise and organizational skills to assist 2804. One example of his assistance during these difficult times, was to track down some inexpensive laptops for Cadets who needed them in order to access virtual cadet training.

Top Large Support Committee of the Year

The Army Cadet League is pleased to announce that 2672 Peterborough Support Committee was selected as the top Large Support Committee.

The Support Committee operates seamlessly with the Corps staff. This includes regular virtual and phone meetings with the Commanding Officer with free exchange of ideas. While corporate donations were light during the pandemic, the Chairperson, Elizabeth Rodney was successful in securing a \$15,000 donation from a local organization.

The pandemic has created many challenges. Despite this, 2672's Support Committee has maintained their high level of commitment to the Cadets and the Corps.



Left to right: Mitchell Horner, Kent Keeling, Betty Kramer, Chris Scott, Charlene Orrell (zone LO), Erin Howcroft, Elizabeth Rodney (chair), Wayne Morris (corps LO) Capt Andrews
Photo by: Sarah Haworth

League Member of the Year 2022

Kent Keeling from 2672 Peterborough Cadet Corps has been selected as League Member of the Year for 2022.

Kent has been the Treasurer for the Corps for almost ten years. He is a remarkable person. Prior to and during the pandemic Kent continued to keep the bank account and financials up to date. He is always available on training nights and any other time that the Corps needs his skill sets.



Left to right: Charlene Orrell, Kent Keeling, Wayne Morris Photo by: Sarah Haworth

A Red Star's Tips and Tricks to Get Better at Doing Drill

Joining the drill team was the best thing I did this training year! I started off as a cadet when the program was virtual, but when we got back in person, we had to learn drill.

At first for me, drill was challenging. I didn't know what I was doing and they said I was late for every command. When I did a lot of drill, it also hurt my feet. But, with time and practice, drill isn't as challenging.

Here are my tips for doing drill

- When you're standing at attention, make sure your arms are tight by your side and not moving around
- If you are in front of the squad leader don't look at them, look past them and concentrate on a spot on the wall
- Keep your chin up, chest up, shoulders back and never look down at your feet.

Your drill movements should be snappy and sharp when doing the commands

And this was how I'm getting better at doing drill!

MCpl Faith Mackenzie

Major E.J.G. Holland VC Royal Canadian Army Cadet Corps

Invitational Shoot

Monday nights is our unit's training night for marksmanship, drill and other activities. One Monday night, I decided to show up for shooting just for fun. I had no idea that I could even make the marksmanship team because I just joined this year and this was all new to me. I got to try on all of the equipment (jacket, glove, sling). Honestly, I didn't like all the equipment at first, but then I realized how much it helped me with my shots. The next week, Captain Champagne (our marksmanship coach) asked if I would like to be on the marksmanship team. I had to take this opportunity and said yes!

After about 5 practices it was announced that the following Sunday would be our Invitational Competition Shoot. I was only a spare so I wasn't too stressed. When the competition day came, the first thing I did was ask what my duty was for the day and check with Captain Champagne to see if I was going to stay as a spare. A cadet on the team was absent so I was shooting that day! After checking our health cards, we grabbed our equipment so they could check our air rifles. Around 8 am, we started zeroing (shooting 3-5 shots to see if our sight was good). That only took an hour because only around 40 cadets had to shoot 5 targets, each in the prone and standing position. We then went upstairs to our waiting rooms, to wait for our time to shoot in the prone position. After that, I also got to shoot standing.

Continued on page 9

Finally, at the end was the Awards Ceremony. I ended up with 2 medals! One for third in Junior Individuals and second in Teams. Overall, it was such an amazing experience! I had a lot of fun and plus I went home with 2 medals at my first shooting competition.

LCpl Joeanita Chahwan

Major E.J.G. Holland VC Royal Canadian Army Cadet Corps

These are the results:

Junior Individual:

First place: Graham H. from 2332 RCACC

Second place: Guiney H. from 2360 RCACC

Third place: Chahwan J. from 2332 RCACC

Open Individual

First place: Belanger S. from 2951 RCACC

Second place: Chartrand B. from 2951 RCACC

Third place: Graham H. from 2332 RCACC

Teams

First place: 2870 RCACC

Second place: 2332 RCACC

Third place: 2360 RCACC



LCpl Chahwan participating in the Invitational



The 2332 RCACC placed 2nd at the Invitational Shoot.



Cpl Graham and LCpl Chahwan placed first and second respectively as Juniors at the Invitation Shoot.

Spring FTX for 2332 Major E.J.G Holland VC. RCACC

I am MCpl River Mackenzie, a Red Star Cadet at 2332 Maj E.J.G. Holland VC Royal Canadian Army Cadets in Ottawa. Let me tell you about the adventure we went on at Connaught Ranges for our Spring FTX: SPRING HARVEST!

My day started at 6 am, getting ready in my field training uniform and checking to make sure I have everything on my kit list in my backpack. I made sure to bring sunscreen, bug spray and a water bottle for the hot day. I was so excited to go on my first ever FTX and to hang out with cadets from other star levels. I was most excited about the canoeing on Sunday, but sadly because of the weather, it was cancelled.

When we got to Connaught, we were split into 3 groups led by a Sergeant. There were 6 other cadets in my group, and I made many new friends! We went to pick up team equipment at the cube van like groundsheets, Meal, Ready-to-Eat (MRE), stoves and sleeping bags. We walked over to a wooded area to set up hootchies and set up the sleeping bags. I was excited to set up a hoochie because we learned how to on a Wednesday night before and now we got to practice. After lunch, we had a break with popsicles (thank you to our CO, Major Bonacci!) and practiced communicating with radios.

One thing I took away from the FTX was learning how to communicate with others. It's important to have strong communication with your teammates. Overall, I think we had a good day and I really enjoyed my first FTX!

MCpl River Mackenzie
2332 Major E.J.G. Holland VC RCACC

2870 RCACC Ottawa Annual Parade - June 1st



Bob Near presenting Cadet Medals



Cadets on parade



Bob Near, Liaison Officer presenting 20th Anniversary Certificate to Capt. Laura Henderson, Commanding Officer for 2870 RCACC

Regional Expedition in Thunder Bay

Over the spring break, I had the incredible opportunity to participate in “Storm the Giant,” the Regional Army Cadet Expedition.



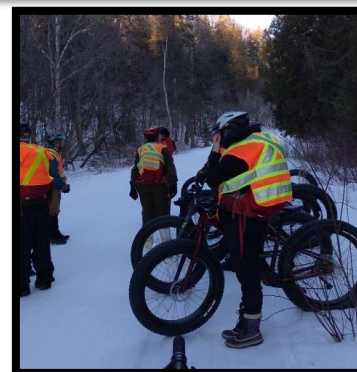
Over the 11 days, I made many amazing friends from all over Ontario and got to try so many cool winter activities. We started off with two days of survival training in Thunder Bay, where we learned how to navigate and how to set up the equipment we would be using.



Then, it was time to head out to Sleeping Giant Provincial Park where we put in practice all that we had learned. We started off with a 10-kilometre snowshoe hike, during which my team



broke trail in three feet of snow. We spent the night in a tent and then snowshoed up the Head of the Sleeping Giant.



After returning to the main site, we headed back out to ski around Marie Louise Lake, and then spent our final day biking out to the Thunder Bay lookout. It was truly an incredible experience and I encourage all cadets to apply for expeditions!

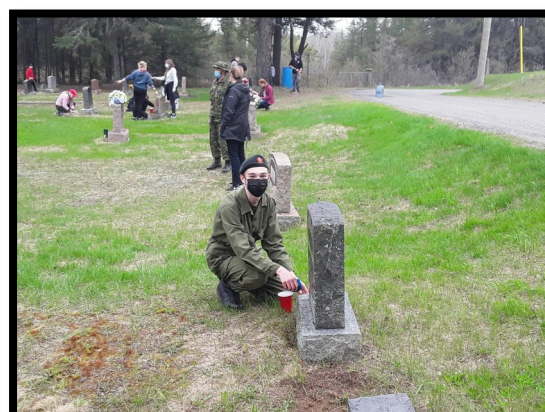


Written by: CMWO Artemis Riedmueller
2784 Governor General's Foot Guards RCACC, Ottawa

18 Thunder Bay Service Battalion RCACC

On Wednesday, 25 May, 2294 Cadets, Grade 7 and 8 students from Valleyview Public School in rural Thunder Bay, members of the Support Committee, soldiers from 18 (Thunder Bay) Service Company and Branch 225 Kakabeka Falls Royal Canadian Legion volunteers attended the Legion Veterans Plot at Stanley Hill Cemetery to clean headstones.

There was great interaction between all attendees and some very interesting questions from the Cadets and school students regarding ranks and units they read on the headstones. The Legion provided lunch for all followed by some presentations to the school students on the Army Cadet Program delivered by Senior Cadets.



62 RCACC Hamilton Cadets

As COVID-19 numbers improved, and public health restrictions eased, we were able to return to in-person training on 8 Mar 22, and our operational tempo became frenetic as we made up for lost time.

On Saturday 7 May 22, the corps met at Valens Lake Conservation Area for a one-day navigation and trekking exercise. In the morning, the corps was divided into small navigation teams, and set out on an assigned route to a series of landmarks within the park, competing for the title of top team based on speed and accuracy of navigating.

After a lunch of Meals Ready to Eat, the teams rotated through a series of learning stations. Two NCOs from our affiliated unit, the Royal Hamilton Light Infantry, Sgt Mattina and Cpl Dosen, taught construction of an improvised shelter. Capt Sandie Vermeulen ran an archery range. Our Training Officer, Capt Wojcik taught use and maintenance of stoves and lanterns. Civilian Instructor (Capt Ret'd) Scrimgeour taught basic knots. Our Commanding Officer, Capt Moll, taught lighting a fire without matches.

Sgt Mattina and Cpl Dosen gave a talk and demonstration of an infantryman's personal equipment.

The day ended with cadets roasting wieners over an open fire.

**Capt Scrimgeour, (Ret'd), CD,
62 RCACC**



Sergeant Mattina and Corporal Dosen of the Royal Hamilton Light Infantry give a talk and demonstration of an infantryman's personal equipment to the cadets.



Cadets examine an improvised shelter which successive teams of cadets had constructed in the course of the afternoon.



Capt Jacek Wojcik (right) instructs a group of cadets in maintaining and using stoves and lanterns.

Uxbridge Cadet Tackles 'ULTIMATE' Winter Adventure



THUNDER BAY, ON – Warrant Officer Cummings from #76 Uxbridge RCACC climbs the Sleeping Giant in Thunder Bay during the Regional Army Cadet Expedition “Storm The Giant” over the course of 11 days during the March break.

Warrant Cummings was 1 of 23 Master Cadets in Central Region, Ontario, to be selected for the first regional expedition held since 2018. During the team's excursion, they went fat biking, which are bikes used to go through snow and more difficult terrains, nordic style skiing, camping and snowshoeing through Sleeping Giant Provincial Park in Thunder Bay. Her team snowshoed for 7 hours to where they set up camp and after a frigid night, they climbed Sleeping Giant Mountain. They all agreed that the view from the top made all the early mornings and long days worth it.

They also learned many survival and leadership skills that they will be able to utilize and pass on as they continue in the cadet program and to use for the rest of their lives. Warrant Cummings received the first shoutout in her team for being a positive and eager cadet and got the top snowshoer in the expedition award! All the cadets had an unforgettable experience and in WO Cummings opinion it was the “hardest, but best week” of her life.

MWO Emma Cummings
76 RCACC Uxbridge

Commemorate Cadet Week

Mark your calendars for October 1 – 7th, 2022

And every year thereafter starting on the 1st Saturday of October

**We encourage all Cadet Corps to
arrange events to promote the cadet program**

**If you are in a community with other elements (Air, Sea and Navy)
Please work together to plan an event**

**The Cadet Week Planning Committee will be holding a parade at
Queens Park to launch the week of celebrations**

**We will be asking all Corps for an update of the events planned
for Ontario Cadets Week**

Queen's Jubilee Commemorating 70 Years of Service



Rick and Rondi Brown

The Lieutenant Governor of Ontario, Elizabeth Dowdeswell, hosted a Garden Party on June 1st in honour of Her Majesty, the Queen's Platinum Jubilee. Rick Brown, President of the Ontario Army Cadet League and his lovely wife, Rondi were invited to attend.



Lt Governor and Rick Brown

Cadets Help Set Clear Path to The Future

For as long as 17-year-old Sgt. Mykola Toews can remember he has wanted to serve in the Canadian Forces. He feels that serving in the cadets is definitely a step in the right direction for him.

The Woodstock Ontario native is currently a member of 2968 RCACC which is made up of students from Robert Land Academy in Wellandport, Ontario.

"When I was very young, I always wanted to be in the military, I just didn't know which part," Toews said.

"When I was 12-years-old I saw an article for the Royal Canadian Army Cadets," he said. "At that time, I didn't know what cadets was, but, I did know it was part of the military."

"It looked to me like training for younger students towards the military and I thought 'What a great idea,'" he said. "So, I joined up and have been a member ever since."



MCpl. Mykola Toews of 2968 RCACC feels that his time in the cadets has solidified his want to serve in the Canadian Forces. Photo by J.T. Lewis

Toews originally joined the cadet corps near his home in Woodstock before coming to 2968. Since joining the cadets he has gained a lot of experience and enjoyed learning things that not everyone gets to learn.

"I've learned about map and compass and orienteering, learned about marksmanship and archery, learned radio procedure too," he said. He also noted that he has particularly enjoyed learning the outdoor orientated skills, building shelters, winter camping, bush first aid, and how to plan hikes.

One thing he said is that the leadership skills he has developed through the cadets are going to be important to his future.

"Going through the rank system let me learn about leadership from the ground up, learning how to be a good follower first, then how to be a good leader," he said.

"I've learned the importance of being able to help my teammates work towards success," he said. "I've also learned the importance of being able to organize my team, assign tasks and get the job done."

"You also learn to help people who are in need of help through the cadets," he said.

He stressed that the leadership skills learned through cadets are important to everyone even if you aren't pursuing a military career.

"In the workforce, you still need leadership skills, they will help you in your own personal success," he said.

His commanding officer Capt. Leonard Giovenazzo, CD, spoke very highly of Sgt. Toews.

"He is enthusiastic about the program," Giovenazzo said. "He sets good examples, takes the time to learn everything he needs to know in anything he is involved with and is an excellent leader, teaching other cadets what they need to know."

"He particularly loves the expedition sort of stuff, this is a kid that is outdoors-oriented," he said.

Continued on page 15

For anyone who is not sure whether the time in cadets will be worthwhile Sgt. Toews recommends that “You should try it. I have been in it for a while and absolutely love it.”

The key for helping members of cadets to find positive directions in life comes from teaching them self-discipline says Capt. Giovenazzo.

“It is a program where we teach them self-discipline which helps to keep them on track in life,” he said.

As far as his career choice goes, Sgt. Toews is clearly sure about the direction he wants to go in life. “The cadets have solidified me wanting to be in the infantry by letting me feel a little bit of what the actual army is going to be like,” he said.

By J.T. Lewis, Civilian Instructor 2968 RCACC.

Award Ceremony for 1129 Haliburton

The Team and Cadets of 1129 Haliburton RCACC were pleased to be able to invite their community and family supporters to an Awards Ceremony on June 14. We were able to thank everyone who has supported and helped us through the challenges of the last two years. Many of our cadets were honoured for their dedication and positive attitude through virtual training, changes and challenges, along with fitness and marksmanship awards, service medals, and promotions. Thank you to ACL President Rick Brown, Haliburton Legion Liaison Nick Bryant, Cardiff Legion President and Retired Capt/CO Cam McKenzie and our Point In Time Training Partner Melanie Jones for presenting awards to our cadets. We look forward to a fantastic year when we come back in September!

Captain Corina Hall
Commanding Officer, 1129 Haliburton RCACC



**WO Ivan Zagorsky and
Rick Brown, President**



**CWO Lilly Austin-Ward and
Rick Brown, President**



1129 Haliburton Cadets

Hazel McCallion Reviews 105 Streetsville Cadets

For the first time in two years, the cadets of 105 Streetsville RCACC held their 47th Annual Ceremonial Review in Mississauga on June 11th, 2022.

Despite the pandemic moving all cadet activities online for periods throughout the training year, 105 Army grew from 80 to 137 cadets in just under a year. The senior cadet instructors worked hard to keep cadets engaged on a virtual platform and worked even harder getting cadets prepared for many of 105 Army's cadets' first formal parade.

Having the opportunity to show their parents all that they had worked towards this year made them excited for the day to arrive. This excitement was enhanced by the announcement that Mrs. Hazel McCallion, the former Mayor of the City of Mississauga and known as "Hurricane Hazel", would be the Reviewing Officer for the ceremony.

With 109 cadets on parade, Mrs. McCallion had the opportunity to speak with the communities' leaders of tomorrow. Their dedication and perseverance during the past two years, not being able to be in-person, then navigating this "new normal" is something that has inspired the officers and adult staff members of 105 Army. Just another reason why the Canadian Cadet Program is one of the best youth development programs in Canada.



Left to right: MWO S. Lee, MWO Cao, MWO Chaudhry, MWO Kim, MWO Nguyen, MWO Bocarro, Rick Brown, MWO Wu, WO E. Lee, WO Siatka, WO Ghani



Rick Brown and MWO Haidry



Rick Brown, MWO Capuano, MWO Haidry



Former Mayor Hazel McCallion with Rick Brown

1812 Grave Marking Ceremony

2817 RCACC (Lindsay) Cadets attended with Canadian Fencible Re-enacting Soldiers along with members of the United Empire Association to honour veterans of the War of 1812 and United Empire Loyalist at Warkworth Cemetery, Stones Cemetery and Cramahe Hill Cemetery with a Grave marking Ceremony on June 18, 2022.

At the conclusion of the Cramahe Hill Cemetery event, the Lindsay Cadets learned about their drill and vintage firearms.

Thank you to the Officers and Cadets of 2817 RCACC (Lindsay) who attended all three locations and 2777 Campbellford Cadets who attended the Warkworth cemetery location only.

As VP of the Army Cadet League (Ontario), it was a pleasure to have the Army Cadets involved with the ceremony.

Charlene Orrell
VP Army Cadet League (Ontario)



1812 Re-enactors firing the cannon



Lindsay Cadets pose along with 1812 Re-enactors



Photo of one of the grave sites of a 1812 veteran honoured at the ceremony

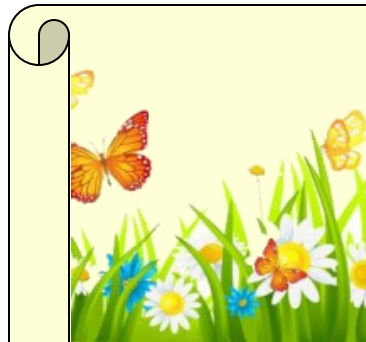


Charlene Orrell, VP Army Cadet League of Ontario addresses the audience



We Welcome Your Help...

In order to continue, as well as improve our support of the Army Cadet program and activities, the Ontario Branch of the Army Cadet League needs your help! If you are able to help us monetarily, please make a Donation to the Army Cadet League of Ontario. All donations of \$10.00 or more will receive a charitable tax receipt for income tax purposes.



Please make your cheques payable to:
Army Cadet League of Canada (Ontario)

Cheques can be mailed to:
Army Cadet League of Canada (Ontario)
Attn: Clover Pereira
1200 Markham Road,
Suite 527
Toronto, ON M1H 3C3

We would like to hear from you...

If you would like to see your story in our next newsletter,

Do not hesitate!

Please submit your articles and photos to:

acladmin@bellnet.ca

Be sure to mention "Newsletter" in the subject line



Stay informed!
Please visit our website at:
www.armycadetleague.on.ca





Hope You Have A Great Summer!

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ACER ACERPORI



**Thanks
to Our
Volunteers!**

The League appreciates all our volunteers for their dedication, time and support to our Cadets!

Reminder

For speedy processing, please submit all four volunteer screening documents directly to:

The Army Cadet League (ON)
1200 Markham Road,
Suite 527
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